

Traditional and Ayurvedic Uses of Lavendula Angustifolia

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Abstract: Ancient days peoples are necessarily depend on herbal treatment. But chronic diseases are eradicated with only herbal drugs. At present incurable diseases are day by day enhanced. For this lavendula plant specially useful in typhoid, diphtheria, and against for bacterial diseases. Especially these drugs eliminate the stress condition. Now a day's youngsters easily bending for stress conditions and suppress the headache, fat levels, body pains, myalgia. This plant used in the preparation of the beverages, herbal tea, flavouring agent. This plant also called as Queen of tree.

Keywords: Lavendula Angustifolia, Pharmacological Activity, Flavouring Agent, Fragrant Agent.

I. INTRODUCTION

Generally this plant is available as 40 types, in which only three types of plants are utilized. Lavendula plant contain volatile oil. Main active constituents like esters, ketones, lenavil acetate, cineole, borneole, lavendulole [1,2,3,] etc. This plant contain various pharmacological activities like antiseptic, antimicrobial, antityphoid, diphtheria and reduced stress conditions, body swelling and immediately plant contain volatile oil when applied on fore head relives the head ache[5], along with plant volatile oil supplied on body surface area relieves the body pains[6]. It also acts as nervine tonic [7] and strengthen nervous system. This plant contain oils useful in cosmetic preparations [8], deodarant preparations, hair wash agent etc. Especially the lavender oil used for treatment of giddiness, unconscious persons immediately recovered with oil [9]. This plant contain oils used as flavouring agent and smelling agent, taste purposely used in biscuit preparations[10] and garden decorations.

II. CONCLUSIONS

An olden days peoples suffering with chronic diseases, but right now for that curing of any chronic diseases are easily eradicate by herbal treatment. This plant play important role to eradicate typhoid, microbial, diphtheria, head ache, stress conditions, not only these diseases simply eliminate the chronic diseases.

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